

## **Sunday**

- Drinking day -

### **Lunch**

Pearl barley risotto with vegetables and parsley

### **Dinner**

3-course Schroth-Cure-Menu

## **Monday**

- „Dry“ day -

### **Lunch**

Soaked plums

### **Dinner**

Aubergines tatar on Mediterranean vegetables

## **Tuesday**

- Drinking day -

### **Lunch**

Asian vegetable soup with ginger

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Stewed plums with sorbet

### **Dinner**

Vegetable-rice-tartlet  
with steamed zucchini and yellow pepper sauce

## Wednesday

- „Dry“ day -

### Lunch

Pineapple-sauerkraut with Schroth-Cure-bread

### Dinner

Stuffed baked potato  
with kohlrabi and carott-chive-sauce

## Thursday

- Drinking day -

### Lunch

Potato soup with majoram and Schroth-Cure-bread dices

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Orange-semolina-flummery with fruit purée

### Dinner

Mixed lentils stew with vegetables and herbs

## Friday

- „Dry“ day -

### Lunch

Soaked apricots

### Dinner

Topinambur purée on green asparagus-tomato-ragout

## Saturday

- Drinking day -

### Lunch

Cauliflower soup with oats and herbs

### Dinner

Mashed polenta on seasonal vegetables